

ANDHRA CHRISTIAN COLLEGE :: GUNTUR

(Day, Evening & P.G.)

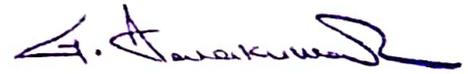
NOTICE

Date : 15-07-2019

All the 1st, 2nd and 3rd year PPS AND B.A students are hereby informed to submit their names for the certified course on “Adolescent Health Counseling” for the academic year 2019- 20 to the H.O.D., Department of Sociology, Guntur on or before 10-8-2019. The Course will commence from 20-08-2019 and the duration of the course is 30 days.

H.O.D.

Dept of Sociology



PRINCIPAL
ANDHRA CHRISTIAN COLLEGE
GUNTUR

ANDHRA CHRISTIAN COLLEGE, GUNTUR
ANDHRA PRADESH
Department of Sociology
Certificate Course
ADOLESCENT HEALTH COUNSELLING
2020-2021

AIMS of the Course

- To increase the availability and access to information about health to all adolescents
- To increase accessibility and utilization of quality adolescents health service
- To develop multi-sectorial partnerships to create safe and supportive environments for adolescents
- To institute special strategies to target adolescents residing in geographic pockets or negative socio-economic environments, which make them vulnerable to health and nutrition risks

Objectives

The objective of the course is to increase knowledge of the physical, cognitive, emotional, and psychological changes that occur in adolescence; to strengthen their awareness of adolescent needs and concerns. This will also develop skills for dealing with adolescent-related issues and identify their function in life skills instruction and give adolescents preventative counselling.

Programme Syllabus:

Module 1: Introduction to Adolescence

Module 2: Development and Growth during Adolescence

Module 3: Reproductive Growth and Sex Education

Module 4: Social and psychological impact on Adolescents

Module 5: Child & Adolescent Counselling

Module 6: Behavioral & Substance Abuse Counselling

Module 7. Policies and Programmes

Module 8. Sanitation and Hygiene

Module 9. Physiological & Mental well-being (Yoga Therapy, Solution Focused Therapy, Cognitive Behaviour Therapy etc)

Module 10. Health issues- Reproductive & sexual

Module 11. Case Studies

COURSE SCHEDULE

ADOLESCENT HEALTH COUNSELLING

Total Hours : 30 hours

Sl. No	TOPIC	HOURS
1	Introduction to Adolescence	2
2	Development and Growth during Adolescence	3
3	Reproductive Growth and Sex Education	3
4	Social and psychological impact on Adolescents	3
5	Child & Adolescent Counselling	3
6	Behavioral & Substance Abuse Counselling	3
7	Policies and Programmes	3
8	Sanitation and Hygiene	3
9	Physiological & Mental well-being (Yoga Therapy, Solution Focused Therapy, Cognitive Behaviour Therapy etc)	3
10	Health issues- Reproductive & sexual	2
11	Case Studies	1

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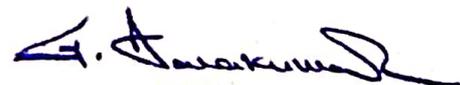
ADOLESCENT HEALTH COUNSELING

ATTENDANCE REGISTRAR

2019 - 2020

Class No.	Student Name	Class	Student Signature
261	S.SATYAM	III B.A	S. Satyam
262	P.VISHAL	III B.A	P. Vishal
264	V.MOHAN SAI REDDY	III B.A	V. Mohan Reddy
265	G.PAVAN KUMAR	III B.A	G. Pavan Kumar
266	N.VAMSI KRISHNA	III B.A	N. Vamsi Krishna
261	T.SIREESHA	II B.A	T. Sireesha
262	T.ANIL KUMAR	II B.A	T. Anil Kumar
263	P.SIRISHA	II B.A	P. Sirisha
264	D.UMA MAHESWARA RAO	II B.A	D. Uma Maheswara Rao
265	A.SAMARA SIMHA REDDY	II B.A	A. Samara Simha Reddy
266	P.VAMSI KRISHNA	II B.A	P. Vamsi Krishna
267	SK.SHAKEERA	II B.A	SK. Shakeera
268	P.SURESH	II B.A	P. Suresh
261	V.PAPA	I B.A	V. Papa
262	V.RANUKA DEVI	I B.A	V. Ranuka Devi
263	P.BABY SINDHU	I B.A	P. Baby Sindhu
264	K.POTHAN BABU	I B.A	K. Pothan Babu
265	G.SANTHI PRIYA	I B.A	G. Santhi Priya




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